

“Sit, Down & Stand” Commands



TPL Dog Training

THE SIT

- Hold a treat close to your dog's nose.
- Raise the treat above his head and slightly backwards until the dog goes into the SIT position.
- Reward with the titbit.
- When he is reliably going into the SIT position, introduce the word “SIT”.
- Reward with the titbit as soon as he is in the SIT position and then finish the exercise using your “finishing command”.

THE DOWN

- From the sit position, lower your titbit down between your dog's front paws.
- Move the treat slightly forward on the ground until your dog goes into the DOWN position.
- Reward with the titbit.
- When he is reliably going into the DOWN position, introduce the word “DOWN”.
- Reward with the titbit as soon as he is in the DOWN position and then finish the exercise using your “finishing command”.



THE STAND

- From the sit position hold your titbit in front of your dog's nose.
- Slowly move it forward in line with the dog's nose until he is in the STAND position.
- Reward with the titbit.
- When he is reliably going into the STAND position, introduce the word “STAND”.
- Reward with the titbit as soon as he is in the STAND position and then finish the exercise using your “finishing command”.

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